This study sought to increase understanding of trans prejudice in sport by testing three possible motivating factors. Fairness perceptions emerged as most significant factor. In particular, it was found that there was significantly greater prejudice in physical sports, indicating that cissexuals perceive trans athletes to have a greater advantage in these sports than those involving high levels of finesse and skill. 

Sport and physical activity participation has a number of documented physical, social, and psychological benefits. Thus, it is necessary to understand and address the prejudice facing trans athletes so that we can create inclusive and welcoming spaces for everyone.